

*“Educating successful leaders, confident and creative individuals  
and active and informed citizens”*

**Calendar (new items highlighted in red)**

**March**

19 <sup>th</sup>	Thursday	Hot Cross Bun Delivery
20 <sup>th</sup>	Friday	Young Leaders Excursion Grades 5 and 6
<b>26<sup>th</sup></b>	<b>Thursday</b>	<b>Last Day of Term usual <u>3.25pm</u> finish 2.30pm Assembly</b>

**April**

13 <sup>th</sup>	Monday	Easter Monday
14 <sup>th</sup>	Tuesday	Curriculum Day – student free day
15 <sup>th</sup>	Wednesday	Term 2 school resumes
18 <sup>th</sup>	Saturday	Bradvale Campdraft – helpers needed for Parents Club catering

*The website calendar has all the dates for the year and is continually updated.*

**Principal’s Message – week 7**

*Corona Virus update* - The Premier, Minister for Health and Victorian Chief Health Officer has announced that preparations are well underway to manage the growing risk of an emerging COVID-19 pandemic outbreak in Victoria. Victoria is well-prepared to deal with an outbreak, and the Department of Education and Training is working closely with the Department of Health and Human Services (DHHS) to plan for and respond to the likely impact on our schools.

**What we will do** If a staff member or student at our school is in one of the categories below, our school will contact DHHS on 1300 651 160 for advice on what to do next. The school will also contact the Department’s Incident Support and Operations Centre on Categories for contacting DHHS:

- The person is a confirmed case of COVID-19
- The person is a close contact of a confirmed case of COVID-19 in the past 14 days

‘Close contact’ is defined by DHHS as someone who has had at least 15 minutes of face-to-face contact with a confirmed case, or shared a closed space with someone for more than two hours with a confirmed case. Unless you have a student or staff member in one of the two above categories, you do not need to take further action.

**School closures** - School closures will be made on the recommendation of Victoria’s Chief Health Officer. Once this occurs, DHHS will inform the Department of Education and Training, and we will then work with the school to implement the closure.

**Good hygiene practices** are the most effective means of minimising the spread of COVID-19, and our school will continue to encourage these practices. Our school is reminding staff, students and families that everyone can protect against infections by practising good hand and respiratory hygiene. Here are some tips that everyone at our school can follow: 1. Cover your mouth and nose when coughing and sneezing with a tissue, or cough into your elbow. 2. Dispose of the tissue into a bin and then wash your hands afterwards. Wash your hands regularly, using soap and water, including after using the toilet, and before eating. Alcohol-based sanitiser (greater than 60 per cent alcohol) is a good back-up if soap and water is not readily accessible.



## *St. Johns First Aid -*

Next Monday we are excited to welcome The St John Ambulance professional trainers to our school. They will be working with and teaching our students the importance of First Aid and what to do in an event of an emergency. I would encourage you to talk with your child/ren after their visit as developing children's knowledge in this area is of great importance and could potentially help save a life.

The St John website is a wonderful resource for parents with information from first aid tips for common household poisons to Snake bites as well as how to cope with smoke inhalation from bushfires and much, much more - <https://www.stjohnvic.com.au/>

## *Bullying. NO WAY! -*

At Skipton we aim to create a safe and supportive school community for everyone.

*Next Friday 20<sup>th</sup> March is the National Day of Action against Bullying and Violence.* In the lead up to this day and on this day, students will be involved in a number of activities relevant to their year level which will encourage students to take hold of the issue and talk about what works. Let's support our students to drive powerful messages and take action to prevent bullying. Parents and families are an important part of our work to prevent bullying and to respond effectively if it happens. Stopping bullying involves everyone.

Parents know their children best and know the best way to tailor communication to their needs. Adapt these tips to what works for you and your child.

### **If your child talks to you about bullying:**

1. **Listen** calmly and get the full story. Your calm response is important to allow your child to tell you all about the situation. After they've told you their story, ask questions to get more details if you need: who, what, where, when. Although you may feel some strong emotions about your child's experience, try to keep calm to avoid more distress to your child.
2. **Reassure** your child they are not to blame. Many children blame themselves and this may make them feel even worse. You could say things like, 'That sounds really hard to deal with. No one should have to put up with that.' or 'I'm so glad you told me. You should be able to feel safe at school; that's not fair at all'.
3. **Ask** your child what they want to do and what they want you to do. A critical part of your response is to avoid jumping in to solve the problem. While it is natural to want to protect your child, helping them to find their own solution is a better option. It helps them feel they have some power in the situation.
4. **Visit** [www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au) to find some strategies. The website has tips and ideas for different bullying situations. One idea is to practise strategies at home to help your child feel more confident.
5. **Contact** the school. Your child may be reluctant for you to do this, so discuss the idea and reassure them that the school would want to know and is able to help. Make an appointment to meet with your child's teacher and, if you need to, ask to talk with the principal. Contact the school immediately if you have a concern about your child's safety.
6. **Check in regularly** with your child. Keep the conversation going. It can take time to resolve issues, so check in regularly with your child about their experiences and their feelings. Your ongoing support is important.

If you are looking for support for yourself to deal with a bullying situation, you will find ideas on the Bullying. No Way! website for parents. Thanks for your support to make Skipton a great school for everyone.

*Kind Regards, Bri.*



### **If your child talks to you about bullying:**

1. **Listen** calmly and get the full story.
2. **Reassure** your child that they are not to blame.
3. **Ask** your child what they want to do about it and how you can help.
4. **Visit** [www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au) to find some strategies.
5. **Contact** the school.
6. **Check in** regularly with your child.

## Garden Roster

We ask that each family take a fortnight to come in when convenient and do some gardening. Jobs include mowing including the nature strip, weeding and sweeping paths.

5<sup>th</sup> March – 18<sup>th</sup> March: Natasha Frisby, Elizabeth Kusanke, Alicia Pettigrew, Hayley Pappin

19<sup>th</sup> March – 1<sup>st</sup> April: Ange Gowans, Fiona Meek, Michelle McIntyre, Helen Purvis

2<sup>nd</sup> April – 15<sup>th</sup> April: Jimmy Collins, Tim Dunne, Chris Shady

## Parent Club

The Parents Club are again running their annual Easter raffle.

Could each School family **please donate an Easter egg or Easter themed gift to the School's Easter Fundraiser Raffle** by Tuesday 17<sup>th</sup> March. Donations can be left in the school office.

Raffle tickets will be sent out with families on the 16<sup>th</sup> March. Tickets and money are due back by the 24<sup>th</sup> March.

The Easter raffle will be drawn at the end of term assembly on Thursday 26<sup>th</sup> March.

## Skipton Photography Show 17th May 2020.

Skipton Photography Show lunchtime meeting for students on Wednesday 18<sup>th</sup> March in the Mackinnon Hall. Come along and find out what you need to do to enter this year's Competition.

Thank you, Karen Crosbie

## EMU CREEK CAFE AND DELI LUNCH ORDERS 2020

Pie	\$4.20	Pasta Bake	\$6.00	Fruit Muffin	\$4.00
Pastie	\$4.20	Tub of Fruit	\$5.00	Sausage Roll	\$3.20
Chicken Focaccia	\$8.00			Dim Sims (steamed)	\$1.10

(chicken, avocado, onion, cheese, spinach)

Please place orders at school on Tuesdays or message me on 0439 359605 for a Wednesday delivery. Thanks, Kim.

## GRADE 5/6 REPORT

Last Friday, at the House Swimming Sports, our captains had the opportunity to display their leadership skills, which is very much a feature of their Grade 5/6 years.

Congratulations to our Grade 6 students for the initiative and care that they displayed organising their teams and also assisting

the younger children in the pool. Several Grade 5 students also showed developing leadership skills. This year we have formed the Junior School Council and had two meetings so far. We hope to attend the Young Leaders' Conference in Melbourne next Friday, as a part of our leadership journey. At the final assembly for the term all badges will be presented to captains.

Also a huge thank you to parents and "borrowed parents" who took part in the Grade 6 students and parents swimming relay at our sports. Nic had Margot, Addy - Miss Pollock, Hamish- Dad(James), Ruby -



Sarah, Ingrid - Fiona, Lyla - Dad(Kiernan), Tilly - Mum(Georgie), George - Dad(Al), Mia - Tory and Clara - Dad(Rob). Although there were a "few suspect" manoeuvres, the students again completed an epic victory.

## Bolte for the win!

The swimming sports was a great day for all the kids but especially Bolte, the overall winners on the day. It was a very tough competition, but they came home with a score of 174 points. Everyone had a great day and we all showed good behaviour. All of the supporters were impressed with the swimming skills that were displayed.

By Bolte house captains – Lyla, George and Nicholas

# SKIPTON TRIATHLON



**WHEN:** Sunday 15<sup>th</sup> March, 2020. Skipton Swimming pool at 10 am (under 8).

**COST:** \$5 for Individuals and \$15 per team.

**REGISTRATION:** Forms available from the Skipton Primary School or pool prior to the 15<sup>th</sup> of March. Late registrations will be taken at the pool on the 15<sup>th</sup> of March from 9.15am.

## Events

In each age group, there will be events for female individuals, male individuals and teams.

### **8 Years and Under:**

- Swim, 50 metres (2 laps of pool with kickboard noodle and/or flippers)
- Ride, 1km
- Run, 700 metres

### **10 Years and Under:**

- Swim, 150 metres (6 laps of pool with kickboard noodle and/or flippers)
- Ride, 1.5 km
- Run, 1 km

### **14 Years and Under:**

- Swim, 250 metres (10 laps)
- Ride, 4 km
- Run, 1.5 km

### **18Years and Under/Open (Family Fun):**

- Swim, 300 metres (12 laps)
- Ride, 4 km
- Run, 3km (including BIG dipper)